



# WELLNESS SERVICES TANZANIA

Employee Wellness Programme Provider



## WORLD AIDS DAY Dec. 1, 2010

Do you know how the HIV virus is spread?

Do you know how to protect yourself from the virus?

Do you know your HIV status?

If your answer to any of these questions is “no”, call your EWP Counsellor for confidential advice.

## KEY FACTORS IN THE SPREAD OF HIV

- A. Alcohol and drug abuse**
- B. Breakdown in marriage and intimate partner relationships**
- C. Children not learning about puberty and sex from their parents**

*These problems that can lead to HIV /AIDS infections can be resolved with help from your EWP.*

**CALL TOLL FREE FROM VODACOM SIM  
ANY DAY OR NIGHT**

**0767 xxx xxx**

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**Call us for advice or counselling on any problem you face.**